


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HARMONY RESERVE</p> <p>Clubhouse: 772.562.9889 HarmonyReserve.com</p>					<p>1</p>  <p>New Year's Day</p>	<p>2</p>
<p>3</p>	<p>4</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>5</p> <p>*Zumba 9:00&10:15am</p> <p>Water Aerobics 11:00am</p>	<p>6</p> <p>*All Levels Yoga 7:30am</p> <p>Water Aerobics 11:00am</p> <p>*Barre 3:30pm Bocce 4:00pm</p>	<p>7</p> <p>*Zumba Tone 10:00&11:00am</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>8</p> <p>Outdoor Meditation 9:30am</p> <p>Water Aerobics 11:00am</p>	<p>9</p>
<p>10</p>	<p>11</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>12</p> <p>*Zumba 9:00&10:15am</p> <p>Water Aerobics 11:00am</p>	<p>13</p> <p>*All Levels Yoga 7:30am</p> <p>Water Aerobics 11:00am</p> <p>*Barre 3:30pm Bocce 4:00pm</p>	<p>14</p> <p>*Zumba Tone 10:00&11:00am</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>15</p> <p>Outdoor Meditation 9:30am</p> <p>Water Aerobics 11:00am</p>	<p>16</p>
<p>17</p>	<p>18</p> <p>"Book Club 3" 11:00am</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>19</p> <p>*Zumba 9:00&10:15am</p> <p>Water Aerobics 11:00am</p>	<p>20</p> <p>*All Levels Yoga 7:30am</p> <p>Water Aerobics 11:00am</p> <p>Bocce 4:00pm</p>	<p>21</p> <p>*Zumba Tone 10:00&11:00am</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>22</p> <p>Outdoor Meditation 9:30am</p> <p>Water Aerobics 11:00am</p>	<p>23</p>
<p>24/31</p>	<p>25</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>26</p> <p>*Zumba 9:00&10:15am</p> <p>Water Aerobics 11:00am</p>	<p>27</p> <p>*All Levels Yoga 7:30am</p> <p>Water Aerobics 11:00am</p> <p>*Barre 3:30pm Bocce 4:00pm</p>	<p>28</p> <p>*Zumba Tone 10:00&11:00am</p> <p>*Water Aerobics w/Lori 1:30pm</p> <p>*Mat Pilates 3:00pm</p>	<p>29</p> <p>Outdoor Meditation 9:30am</p> <p>Water Aerobics 11:00am</p>	<p>30</p>

January 2021

Walking Club
Monday-Friday 6:30am

*Fee to attend

- Fitness Room
- Movement Studio
- Pool
- Special Events
- Weekly/Set Events